










# March 2025

# Forever Young Activity Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
23 	24	25	26	27	28	1
2	3	4 9:00 – 4:00 Fellowship & Games LUNCH Bring Your Own  7:00 FYAC Charitable Bingo, Doors open 5 pm 	5 9:00 – 4:00 Fellowship & Games LUNCH Bring Your Own 1:00 Senior Exercise  3:00 FYAC Fundraising Committee & Committee Chairman Meetings	6	7 9:00 – 4:00 Fellowship & Games 10:30 CHAIR YOGA 12:00 \$7 LUNCH - Pasta Dishes 12:20 Birthday Celebration Thank you to Reflections Hospice 7:00 FYAC Charitable Bingo, Doors open 5 pm 	8
9	10 5:30 FYAC Board of Directors Meeting	11 9:00 – 4:00 Fellowship & Games LUNCH Bring Your Own  7:00 FYAC Charitable Bingo, Doors open 5 pm 	12 9:00 – 4:00 Fellowship & Games 9:00 CRAFT CLASS Angels of Hope-Woodcarving LUNCH Bring Your Own 1:00 Senior Exercise	13	14 9:00 – 4:00 Fellowship & Games 9:45 MEDICAL CHECKUP 10:30 CHAIR YOGA 12:00 \$7 LUNCH - Pork Chops 7:00 FYAC Charitable Bingo, Doors open 5 pm 	15 FYAC SUPPER CLUB St. Patrick's Day Fun!  Doors open 5:30 Dinner at 6 pm Games until 8 pm
16	17	18 9:00 – 4:00 Fellowship & Games LUNCH Bring Your Own  7:00 FYAC Charitable Bingo, Doors open 5 pm 	19 9:00 – 4:00 Fellowship & Games 9:00 TOURNAMENT 42 Tournament! LUNCH Bring Your Own 1:00 Senior Exercise	20	21 9:00 – 4:00 Fellowship & Games 10:30 CHAIR YOGA 12:00 \$7 LUNCH-Shepherd's Pie PROGRAM-Wood County Extension Office - Gayle Mulinex 7:00 FYAC Charitable Bingo, Doors open 5 pm 	22
23	24	25 9:00 – 4:00 Fellowship & Games 9:00 PAINTING FOR FUN! Watercolor Church LUNCH Bring Your Own 7:00 FYAC Charitable Bingo, Doors open 5 pm 	26 9:00 – 4:00 Fellowship & Games  LUNCH Bring Your Own 1:00 Senior Exercise	27	28 9:00 – 4:00 Fellowship & Games 10:30 CHAIR YOGA 12:00 \$7 LUNCH Thank you to Caraday of Quitman 7:00 FYAC Charitable Bingo, Doors open 5 pm 	29
30	31 Listen to FYAC on KMOO Double-Talk 8:45 - 9:00 AM	Forever Young Activity Center strives to provide a place for adult fellowship and programs that enrich one's life.				

# Forever Young Activity Center

## March 2025

### - GOOD TIME CRAFTERS

Wednesday, March 12, 2025

Instructor: Vincent DiCarlo

Angels of Hope were developed by a woodcarving group in Boston. They were donated to hospital patients in the area. One of the doctors discovered the therapeutic value to patients, simply holding the Angels in their hand when they were stressed. They also helped during particularly painful procedures.



9:00 AM – 12:00 Noon

Class fee: \$5.00

Class description: **WOODCARVING - ANGELS OF HOPE**

Supplies to bring: None - All Supplies will be provided

Tuesday, March 25, 2025

Instructor: Jean Chancelor

### - PAINTING FOR FUN

Class description: *Watercolor Church*

Supplies to bring: See list at front table

9:00 AM – 12:00 Noon

Class fee: \$4.00



## St. Patrick's Day Fun

### SUPPER CLUB

Saturday, March 15, 2025

6:00 PM

(doors open at 5:30 PM)

Games until 8:00 PM

FYAC Senior Center

Bring a Covered Dish

Bring a friend!