75783 903-763-8201 Facebook: fyac@quitman
Forever Young Activity Center

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
OPPORTUNITIES FOR SENIOR CITIZENS	26	27	28	29	1 9:00 – 4:00 Fellowship & Games 10:00 CHAIR YOGA 12:00 LUNCH - Ham 12:20 Birthday Celebration 7:00 FYAC Charitable Bingo, Sharing of the Gold! \$1,199 Payout Doors open 5 pm	2
3	4	5 9:00 – 4:00 Fellowship & Games LUNCH Bring Your Own 7:00 FYAC Charitable Bingo, Doors open 5 pm	6 s 9:00 – 4:00 Fellowship & Games 9:00 - Book Club LUNCH Bring Your Own 1:00 Senior Exercise 2:00 FYAC Fundraising Committee & Committee Chairman Meetings	7	8 9:00 – 4:00 Fellowship & Games 9:45 MEDICAL CHECKUP 10:00 CHAIR YOGA 12:00 LUNCH - Hoagie Sandwiches 7:00 FYAC Charitable Bingo, Doors open 5 pm	9
10	11 5:30 FYAC Board of Directors Meeting	9:00 – 4:00 Fellowship & Games LUNCH Bring Your Own 7:00 FYAC Charitable Bingo, Doors open 5 pm	13 9:00 – 4:00 Fellowship & Games No Craft Class in March LUNCH Bring Your Own 1:00 Senior Exercise	14	9:00 – 4:00 Fellowship & Games 10:00 CHAIR YOGA 12:00 LUNCH - Shepherds Pie 7:00 FYAC Charitable Bingo, Doors open 5 pm	16 FYAC SUPPER CLUB St. Patrick's Day Fun! Doors open 5:30 Dinner at 6 pm Games until 8 pm
17	18	19 9:00 – 4:00 Fellowship & Games LUNCH Bring Your Own 7:00 FYAC Charitable Bingo,	9:00 - 4:00 Fellowship & Games 9:00 - Hand & Foot Tournament!! 1:00 Senior Exercise	21	9:00 – 4:00 Fellowship & Games 10:00 CHAIR YOGA 12:00 LUNCH Provided by Caraday Healthcare 7:00 FYAC Charitable Bingo, Doors open 5 pm	23
24	25 Listen to FYAC on KMOO Double-Talk 8:45 - 9:00 AM	26	9:00 – 4:00 Fellowship & Games 9:00 Painting for Fun! Spring Bunny in Acrylic LUNCH Bring Your Own 1:00 Senior Exercise	28	9:00 – 4:00 Fellowship & Games 10:00 CHAIR YOGA 12:00 LUNCH Provided by Wesley House 7:00 FYAC Charitable Bingo, Doors open 5 pm	30
31	1	Forever Young Activity Center strives to provide a place for adult fellowship and programs that enrich one's life.				

Forever Young Activity Center March 2024

No Craft Class in March 2024

Friday, March 1, 2024

Sharing of the Gold! 7:00 PM

Doors and Concession open at 5:00 pm



Special Bingo Night!
BIG Blackout payout:
\$1,199

Wednesday, March 27, 2024

Instructor: Jean Chancelor

- PAINTING FOR FUN

Class description: Spring Bunny in Acrylic

Supplies to bring: See list at front table

9:00 AM – 12:00 Noon

Class fee: \$3.00



St. Patrick's

Day Fun

SUPPER CLUB
Saturday, March 16, 2024
6:00 PM
(doors open at 5:30 PM)
Games until 8:00 PM
FYAC Senior Center
Bring a Covered Dish

Bring a friend!